

Personality type result: **ISTJ**

Reflection of Result Accuracy

Overall, I think that the Jung personality test and the four-letter result depicts my personality fairly inaccurately. The biggest thing I think the result got wrong was third letter representing the thinking vs. feeling component. I've taken the Myers-Briggs personality test before—similar to this Jung personality test— and my results have been ISFJ every other time. I think my personality aligns more closely with the feeling component of the ISFJ as opposed to the thinking component of the ISTJ result. Additionally, I didn't find all the adjectives used to describe people with this personality type completely descriptive of me.

While taking the test, I remember thinking that some of the questions were confusing and that the test wasn't designed as well as some other Myers-Briggs I've taken. I know these personality tests can't give you 100% accurate results, so there's bound to be inaccuracies, but I think that some of the qualities used to describe the ISTJ personality type are just completely opposite of what I value and how I act, think, and behave. For example, some of the qualities of ISTJ listed with my results were as follows: "would rather be friendless than jobless", "does not talk about feelings", "punctual", "does not appreciate strangeness", "not adventurous/spontaneous", "insensitive to the hardships of others", and "does not accept apologies easily". I feel that these descriptions aren't accurate to my personality because I do greatly value meaningful, lasting relationships with others over being successful, am not afraid to talk about my feelings with others, am fairly sympathetic and empathetic because of my high sensitivity to and awareness of emotions, am not a very punctual person (I'm getting better at

this), find uniqueness and strangeness refreshing, and am a rather adventurous and spontaneous person in my free time.

Recommended Careers

I think that the majority of the recommended careers would not be a good fit for me. This is probably because of the seemingly inaccurate test result, but I know myself well enough to say that I wouldn't enjoy or be good at most of the recommended careers. Most of these careers are logic and strategy-based, which is pretty much the opposite of how my brain works. I'm fairly right-brained, so because most of these recommended careers are best suited for left-brained people, I cannot see myself pursuing most of them. The only career on the list that I could potentially see myself enjoying is office worker. I think the reason this seems a bit appealing to me is the organization, control, and routine aspect of the job. I'm a pretty organized, responsible, and dependable worker, so I could see myself enjoying this kind of career. However, office worker is definitely not the first choice I'd pick if I were to create my list, but it's about the only career that I agree with from that recommended list.

Notable ISTJ Individuals

Some notable leaders and individuals who are also ISTJ include George Washington (politician and first US president), Jeff Bezos (Amazon CEO and businessman), Robert De Niro (US actor), Julie Roberts (US actress), and Sigmund Freud (neurologist and father of psychoanalysis). Firstly, I'm flattered that my personality result is shared with such reputable and influential leaders in the fields of politics, business, acting, and psychology. Secondly, while the accomplishments and actions of these notable individuals certainly live up to the ISTJ personality type, they couldn't be any less aligned with those of mine. Since my personality aligns more closely with ISFJ, I can't really see myself in the profession of politics, psychology,

or business executive. However, I found it interesting that there are some famous ISFJ people in the acting and music professions, contrary to the expected careers for people of that personality type. That discovery is a good reminder that a personality test result is only an indicator of tendencies, not a determinant.

Personality Assessments in the Workplace

Personality assessments are a valuable tool used in the workplace for determining and evaluating potential hires, fostering workplace development, and developing company culture. Knowing more about yourself and your personality can help you identify your strengths that can be used as leverage, as well as weaknesses that can be used for personal improvement. Understanding yourself and your personality can also guide you in your career search by seeking out jobs for which you're best suited, while limiting unappealing or unfulfilling jobs from your search. Personality assessment tools are great for helping us understand and learn more about ourselves, our personalities, and how our personalities mesh with others'.